

KOZAK
(Poland)

This dance was learned in Poland in 1963 by Lucy Wnuk. It was taught to her by Agnieszka Sadzimir, folk instructor at the Cultural Center in Warsaw. It comes from the Śląsk region south-western Poland. Kozak means a simple goat.

Music: Record: Bruno BR 50129 "Slask" Vol 5, Side B, Band 3 (Kozak).

Formation: Lines of 4 cpls., one behind the other.

Steps and Styling: Polish Polka: (hop)-step-close-step. (Hop on L between ct & of previous meas and ct 1 of current meas). Step fwd on R (ct 1); close L to R (ct &); step fwd on R (ct 2). Repeat using opp ftwork. When moving fwd, stp on heel with toes turned out, bending same shoulder toward working ft.
Kozak: Ptrs join hands crossed in back (reversed skaters pos). Leap on R in place, bending over (ct 1); stamp L (ct 2); stamp R on (ct &). On second meas straighten up and hop on R extending L out to side (ct 1); hop again on R with L out to side (ct 2).

<u>Measures</u>	<u>Pattern</u>
1-62	INTRODUCTION
	I. <u>CHORUS</u>
1-8	Dance 4 Kozak stp alternating ftwork moving slightly fwd.
	II. <u>POLKA, HEEL, TOE</u>
1-2	M moving CCW to L, W CW to R, dance 2 Polish polkas starting R making 1/4 circles.
3	Hop on L extending R heel diag fwd on floor (ct 1). Hop on L touching R toe to L toe (ct 2).
4	Stamp R, L, R bending slightly.
5-8	Repeat action of Meas 1-4.
	III. <u>CIRCLE</u>
1-8	First 2 cpls and last 2 cpls join hands to make 2 small circles and dance 8 Polish polkas in LOD, ending in one line of 4 cpls with hand pos as in Fig I.
	IV. <u>CHORUS</u>
1-12	Repeat action of meas 1-2, Fig I six times.
	V. <u>W CIRCLE M</u>
1-8	Ptrs join M R, W L hands. M repeat action of Fig II meas 3 seven times. On meas 8 jump on both ft (ct 1) hold (ct 2). W dance 8 Polish polkas CCW once around M. M must turn as he leads W around.
	VI. <u>ARCHES</u>
1-2	Cpls 2 & 4 raise hands in arch while cpls 1 & 3 face them and dance 2 Polish Polka under the arches
3-4	Cpls 2 & 4 dance under the arches made by 1 & 3.

Kozak (cont'd)

<u>Measure</u>	<u>Pattern</u>
5-16	Repeat action of meas 1-4 three times.
	VII. <u>CHORUS</u>
1-16	Repeat action of Fig I, meas 1-2 eight times.
	VIII. <u>POLKA, HEEL, TOE</u>
1-8	Repeat action of Fig II.
	IX. <u>CIRCLE</u>
1-8	Repeat action of Fig III.
	X. <u>CHORUS</u>
1-12	Repeat action of Fig I, meas 1-2 six times. On drum roll drop L hands, W turns out to face M; both bow.

Presented by: Lucille Wnuk